

With Card

Honeycrisp **Apples**

WEEKEND

FREE Kroger Pasta Sauce'

*When you clip digital coupon & spend \$35+ -10/27. See coupon for details







USDA CHOICE

Boneless Petite Sirloin Steaks

or Boneless Top Round London Broil; Value Pack

Pork Shoulder Roasts

or Pork Spareribs; Bone-In

With Card

Kroger Apple Cider 64 oz

|\$7







Kroger Bacon

16 oz or Nathan's Beef Franks, 11-12 oz; Select Varieties

With Card



Tillamook Ice Cream Select Varieties, 48 fl oz

MIX & MATCH BUY 1, GET 1

of Equal or Lesser Value With Card



Coca-Cola, Pepsi or 7UP Select Varieties, 12-Pack, 12 fl oz Cans



Cheetos

6.5-10 oz or Ruffles, 5.5-8.5 oz or Tostitos, 9-13 oz or Fritos, 9.25-10 oz or Sunchips, 7 oz: Select Varieties

MIX & MATCH

BUY 2, GET 2 of Equal or Lesser Value With Card

Nabisco Oreo or Chips Ahoy **Family Size Cookies**

9.31-20 oz or Nabisco Family Size Snack Crackers, 11.5-14 oz; Select Varieties

/EA With Card

When you buy 3 or more in the same transaction with Card. Quantities less than 3 are up to \$5.49 each with Card.



Crown Royal, Jameson or Maker's Mark



Budweiser or Miller

Select Varieties, 30-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable

Use each coupon UP TO 5 TIMES in one transaction



Ben & Jerry's Ice Cream

16 fl oz or Breyers Ice Cream, 48 fl oz; Select Varieties

With Digital Coupon

Price without digital coupon is up to \$4.99 each with Card.



Fresh Tyson Whole Chicken Bone-In

With Digital Coupon

Price without digital coupon is up to \$1.79 lb with Card.



Large Avocado

With Digital Coupon Price without digital coupon

is up to \$3.79 each with Card.

*While supplies last.

See inside for MORE WEEKL **DIGITAL DEALS!**

SALE DATES: Wed. October 23 - Tues. October 29, 2024. Prices and items are effective at your local Fred Meyer store. Prices do not reflect the City of Seattle Sugar Sweetened Beverage Tax. Items plus deposit as per the Oregon Bottle Recovery Act.

WEEKLY DIGITAL DEALS

Use each coupon **UP TO 5 TIME!** in one transaction

Scan me to download deals



these tags.



With Digital Coupon



Price without digital coupon is up to \$5.49 each with Card.



SHARP

Price without digital coupon

is up to \$8.99 each with Card.





/EA With Digital Coupon





Blueberry Muffins

4 ct or Decorated Cupcakes, 6 ct or Mini Cupcakes, 12 ct: Select Varieties. In the Bakery

/EA

With Digital Coupon Price without digital coupon is up to \$6 each with Card.



Coca-Cola, Pepsi or 7UP Select Varieties, 2 Liter

/EA

With Digital Coupon Price without digital coupon is up to \$3.99 each with Card.



Post Cereal

10-14.75 oz or Kroger Apple Juice, 64 fl oz: Select Varieties

With Digital Coupon Price without digital coupon is up to \$3.49 each with Card.



Folgers Coffee

Select Varieties, 22.6-25.9 oz Can

With Digital Coupon Price without digital coupon is up to \$14.49 each with Card.



Mars Candy Select Varieties,

1.36-2.17 oz

With Digital Coupon Price without digital coupon is up to \$1.79 each with Card.



Frito-Lay Multipack

18 ct or Sparkling Ice, 12-Pack, 17 fl oz or Popcorners Multipack, 15 ct: Select Varieties

With Digital Coupon

Price without digital coupon is up to \$12.99 each with Card.



Monster **Energy Drink** Select Varieties,

4-Pack, 15.5-16 fl oz

With Digital Coupon Price without digital coupon is up to \$9.99 each with Card.



Charmin **Bath Tissue**

Select Varieties, 12 Mega XL or Super Mega Rolls

/EA With Digital Coupon

Price without digital coupon is up to \$26.99 each with Card.





Tuscany 18 oz. Halloween Candle

With Card Reg. 9.99

With Card

Pumpkin Masters 21-Piece Ultimate Carving Kit Reg. 9.99





Licensed Tee \$ Reg. \$18

With Card



With Card

Men's and Women's sizes. Shown: Sale **7.20-\$14**

on Apparel & Shoes' with in-store Coupon and Card.

*Exclusions Apply. See coupon for details.

WEEKLY DIGITAL DEALS

UP TO 5
TIMES
in one transaction



Look for these tags.



Price without digital coupon is up to \$8.49 each with Card.

5 oz: Select Varieties



13.5-15 lb or Pedigree Dry Dog Food, 44-50 lb: Select Varieties

Price without digital coupon is up to \$33.99 each with Card.

*While supplies last.



Price without digital coupon is up to \$6.99 each with Card.

NOW AVAILABLE WITH A BOOST MEMBERSHIP

Your Choice of Disney+ (With Ads), Hulu (With Ads) or ESPN+ on Us*



boost..

LEARN MORE

Not a boost member? Enroll today.

Eligible subs only. Restrictions apply.

See retailer site for details.

SAVE \$2 EACH

WHEN YOU BUY 3 OR MORE.

MIX & MATCH 3 or more participating items with Card.



Find even more online! Scan me to shop all participating items.

*When you buy any 3 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.



Look for these tags.





4.79 With Card -2.00Kellogg's **Club Crackers** 11-13.7 oz or Crisps, 7.1 oz or Town House

6.99 With Card -2.00

4.99 With Card

Cheez-It **Family Size Crackers** 9.6-21 oz: Select Varieties



6.49 With Card **Best Foods** -2.00

Mayonnaise 30 fl oz or Miracle Whip, 30 fl oz; '/EΔ* Select Varieties



Cooked Perfect Meatballs

18-28 oz or Birds Eye Voila Family Size Meal, 42 oz; Select Varieties

8.99 With Card -2.00



9.49 With Card -2.00

Gatorade 8-Pack, 20 fl oz or Pure Leaf Tea, 6-Pack, 16.9-18.5 fl oz; Select Varieties



7.99 With Card -2.00

/EA*

Kroger Butter

Select Varieties, 16 oz

Private Selection Angus Meatballs 16 oz, Select Varieties

4.99 With Card -2.00/EA Lay's **Potato Chips**

Rice

4.75-8 oz or General Mills Chex Cereal, 12-14 oz: Select Varieties



11.79 With Card -2.00

Tvson Frozen Chicken Sandwiches Select Varieties, 4-8 ct



8.49 With Card -2.00

Dove **Body Wash** 20 fl oz or Bar Soap, 4 ct; Select Varieties



FRESH FALLS

9.99 With Card -2.00

/EA* Starbucks Coffee

10-12 oz Bag or K-Cups, 10 ct or Rao's Pasta Sauce, 32 oz; Select Varieties



10.99 With Card -2.00

Stouffer's Family Size Entrée

30-38 oz or Maxwell House or Yuban Coffee, 25.3-30.6 oz; Select Varieties



Dr. Squatch **Bar Soap**

-2.00

7.49 With Card

Select Varieties,

-2.00

11.99 With Card

Huggies Pull-Ups 17-23 ct or Goodnites

Underwear, 11-14 ct; Select Varieties



7.99 With Card -2.00

Rana Family Size Pasta 20 oz or Happy Egg Co. Organic Eggs, Large, Grade A, 12 ct or Delimex Taquitos, 16-23 ct: Select Varieties



Jerky, 2.85 oz;

Select Varieties

6.49 With Card Malt O Meal -2.00 Cereal

30-37 oz or Jack Link's



7.99 With Card

/EA*

Coffee-mate Creamer

64 fl oz or Nature Valley Biscuits or Bars, 10-24 ct or Blue Diamond Almonds, 16 oz; Select Varieties



8.49 With Card -2.00

Dave's Killer Bread **Organic** Bread Select Varieties,

17-27 oz

SAVE \$2 EACH

WHEN YOU BUY 3 OR MORE.

MIX & MATCH 3 or more participating items with Card.

*When you buy any 3 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.

Look for SALE these tags. SAVE \$2 EACH



14.99 With Card -2.00

Liquid Death Water or Tea Select Varieties, 8-Pack, 19.2 fl oz



20-22 oz or P. F. Chang's Meal, 18-22 oz; Select Varieties



6.49 With Card -2.00

Oscar Mayer **Beef or Turkey** Franks

Select Varieties, 15-16 oz



7.99 With Card -2.00

Snack Factory Party Size Pretzel Crisps Select Varieties,

14 oz, In the Deli



10.99 With Card -2.00

Liauid I.V. Select Varieties,



11.59 With Card -2.00

Atkins Protein

Meal Bar Select Varieties, 5 ct



6 Double Rolls

Brawny Paper Towels



Bertolli Entrée

14.99 With Card -2.00

Smucker's **Uncrustables**

15 ct or Peet's Coffee, 18 oz Bag; Select Varieties





FUEL POINTS

ON 100s OF GIFT CARDS WITH DIGITAL COUPON TODAY!*











Visit FredMeyer.com/4Xgiftcard to download coupon

REDEEM EVERY DAY 10/23/24-11/5/24

*Subject to availability. See gift cards for details, terms, conditions and (if applicable) fees. All trademarks are property of their respective owners.

MIX & MATCH

SAVE\$ AN EXTRA

When you spend \$30 on participating HSA or FSA eligible Health and Wellness Items with Card.*

*Participating item selection may vary by store. Discount applied at checkout with your Card. Items must be purchased in the same transaction.



GROCERY ESSENTIALS



Screamin' Sicilian Pizza

17.7-25.4 oz or Breadsticks, 15.65-16.55 oz or Pizza Bowl, 8 oz; Select Varieties

> **MIX & MATCH** BUY 1, GET 1 of Equal or Lesser Value

> > With Card



Duncan Hines Cake Mix

15.25 oz or Frostina. 14-16 oz; Select Varieties

> **MIX & MATCH** BUY 1, GET 1 of Eaual or Lesser Value

> > With Card



Progresso Soup

18-19 oz or Progresso Broth, 32 oz; Select Varieties

When You Buy 8

/EA

With Card

When you buy 8 or more in the same transaction with Card. Quantities less than 8 are up to \$3.29 each with Card



Sara Lee Artesano Bread Select Varieties, 16-20 oz

With Card



Hot Pockets Select Varieties. 2 ct

With Card



Kraft **Shredded Cheese**

Select Varieties, 7-8 oz

MIX & MATCH BUY 1, GET 1

of Equal or Lesser Value

With Card



Arm & Hammer Detergent

45.5-50 fl oz or Power Paks, 24 ct or Scent Booster, 24 oz: Select Varieties



With Card



Jergens Lotion 16.8-21 fl oz

or Nivea Lotion, 16.9 fl oz; Select Varieties





Head & Shoulders Shampoo or Conditioner Select Varieties,

12.5 fl oz

With Card

@head& shoulders

2N

TEA TREE

Smart Way Food Storage Select Varieties



With Card

Premiel Protein With Card **Premier Protein Shakes** Select Varieties, 6-Pack, 11.5 fl oz

SAVINGS ON HEALTH, BEAUTY & MORE



Garnier Fructis Shampoo or Conditioner

10.2-12.5 fl oz or TRESemmé Shampoo or Conditioner, 28 fl oz: Select Varieties

MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value

50% OFF



Poise Pads

22-66 ct or Depend Underwear or Pads, 12-58 ct; Select Varieties

> 1679 With Card



Kroger Omeprazole Select Varieties,

\$ **1699**



Sensodyne Toothpaste Select Varieties.

\$**7**49

With Card



Nature Made Supplements

30-300 ct or Nature's Bounty Supplements, 25-350 ct or Kroger Supplements, 60-500 ct; Select Varieties

> MIX & MATCH BUY 1, GET 1

of Equal or Lesser Value



LOOK WHAT'S **NEW!**

MIX & MATCH of Equal or Lesser Value With Card

Garnier Fructis Shampoo

12.5 fl oz or TRESemmé Shampoo, 28 fl oz; Select Varieties







Starface









Lume Whole Body Deodorant 2.2-2.6 oz or TheraBreath Oral Rinse, 33.8 fl oz; Select Varieties



SCARE UP SOME FRIGHTENING FUN!

Shop all Spooktacular savings at **FredMeyer.com/Halloween**







Halloween
Decorated Cupcakes
12 ct or Mini, 24 ct;
Select Varieties,
In the Bakery





Holiday Home Halloween Treat Bag Select Varieties, 1 ct \$ **179**With Card



Mars Fun Size Candy Select Varieties, 10.48-11.5 oz





Laffy Taffy, Nerds or Trolli Candy Select Varieties, 4.8-12 oz With Card



Sour Patch Kids Candy Mix 40 ct With Card





Pumpkin Masters All In One Carving Kit 12-Piece Set

\$419
With Card



Prices good through Thursday, October 31, 2024. Seasonal selection varies by store and is limited to stock on hand.



Scan here or visit
FredMeyer.com/FuelEvent
to download coupon.

*Exclusions apply. See coupon for details



TAILGATING × MUST-HAVES







Home Chef Smoked St. Louis Style Ribs





Doritos Party SizeSelect Varieties,
14.5 oz

\$499 With Card



Ball Park Buns Select Varieties, 8 ct \$349

OR 101 PACE

AND DESCRIPTION

AND DESCRI

Heineken
or Arizona Hard Tea
Select Varieties, 12-Pack,
12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable



Kingsford
Original Charcoal
16 lb or Match Light
Charcoal, 12 lb
With Card

Seasonal selection varies by store and is limited to stock on hand.

2 lb, In the Deli

ROSE SALE

BARGAINS IN FULL BLOOM!



20% OFF ANY 12 BOTTLES OF WINE OCTOBER 23 - 29

*SAVE 20% When you purchase 12 bottles of wine or more with Card. Mix and Match 12 bottles, 750ml size. Limit one discount per transaction. Excludes wine sizes 375 ml, 1.5 Liter, 3 Liter, 4 Liter and 5 Liter. Exclusions apply.



New Belgium or Elysian

> Select Varieties, 12-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable

11.99 EA -20%

With Card

/EA*

Apothic or Chateau Ste Michelle Select Varieties, 750 ml



10.99 EA -20%

With Card

Ménage à Trois, Bogle or 14 Hands Select Varieties, 750 ml



Tito's or Jose Cuervo 750 ml or High Noon, 8-Pack, 12 fl oz Cans;

Select Varieties



Sunshine

On My Mind

Bouquet

Broccoli Crowns or Cauliflower

With Card

Kroger **Single Serve Salad Bowls** Select Varieties, 4.75-7 oz

With Card **Strawberries**

Boneless New York Strip Steaks

GUARANTEED FRESH



Steelhead Fillets

or Large Cooked Shrimp, 26-30 ct, Sold in a 2 lb Bag for \$19.98; Previously Frozen

With Card





Sold in a 1 lb Roll

80% Lean Ground Beef

Kroger Chicken Thighs, Tenders or Cutlets

Select Varieties, Frozen, 2.5-3 lb

Johnsonville **Breakfast** With Card

Sausage 12 oz or Curly's BBQ Tubs, 16 oz; Select Varieties

CURIYS

With Card



Whole Cooked **Dungeness Crab**

Previously Frozen or Fresh Wild-Caught Rockfish Fillets, Subject to Fishing & Weather Conditions for \$6.99 lb

/LB With Card

DELI & BAKERY

Order party trays, cakes and more at FredMeyer.com/fresh

Home Chef Fried or Baked Chicken

Fully Cooked, 8-Piece, Includes 2 Breasts, 2 Thighs, 2 Wings & 2 Drumsticks





Boar's Head OvenGold Turkey Breast

With Card

or American Cheese; Select Varieties, Sliced to Order or Grab N Go, Available in Select Stores

BOTTLES & BREWS

13.99 EA With Card

7 Deadly, Kendall-Jackson or Korbel

Select Varieties, 750 ml





JACK DANGE

WHISKEY



Fireball, Jim Beam or Bacardi Select Varieties 750 ml



BLACK BOX

Sauvignon

Jack Daniel's, Kahlua or Jägermeister Select Varieties, 750 ml

Black Box or Bota Box

3 Liters or Freakshow, 750 ml; Select Varieties

**When You Buy Any 6 Participating Items with Card



Alaskan, 49th State or Midnight Sun

Select Varieties, 6-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable



Alaskan, Modelo or Corona

> Select Varieties, 12-Pack, 12 fl oz Bottles or Cans. Plus Deposit Where Applicable





SCARE UP SOME FRIGHTENING FUN

Shop all Spooktacular savings at FredMeyer.com/Halloween





Pose-n-Stay Skeleton Black Light Reactive, 60"

Holiday Home

Pumpkin Masters Ultimate Carving Kit Select Varieties, 21-Piece

With Card

LED Fall Wreath Select Varieties,

Holiday Home

SALE



With Card

Brach's Candy Corn or Autumn Mix Select Varieties, 11 oz



and Oreo Mini **Candy Mix** 65 ct

Sour Patch Kids, \$

With Card



Hi-Chew Candy Select Varieties, 11.65-12.7 oz

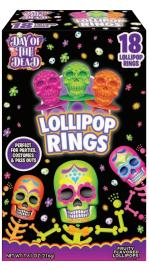


Butterfinger, **Baby Ruth** or Crunch **Fun Size Candy** Select Varieties, 10-10.2 oz





Lemonhead, Nerds or Sweetarts Candy Mix Select Varieties, 90-175 ct With Card



Day of the Dead **Lollipop Rings** 18 ct With Card



Child's Play **Candy Mix** 52 oz

