



Go shopping, get rewarded. Download the for U® app.

**Michelob Ultra 24 Pack**  
12 oz. cans  
SALE PRICE 22.99  
-5.00  
**17.99**  
Limit 1  
+ deposit where applicable

**\$5 DIGITAL REBATE**  
via PayPal

**Shopped with care.**

Order online.  
Shopped just like you picked it.  
Same-day Delivery or **FREE** Pickup.  
Shop shaws.com

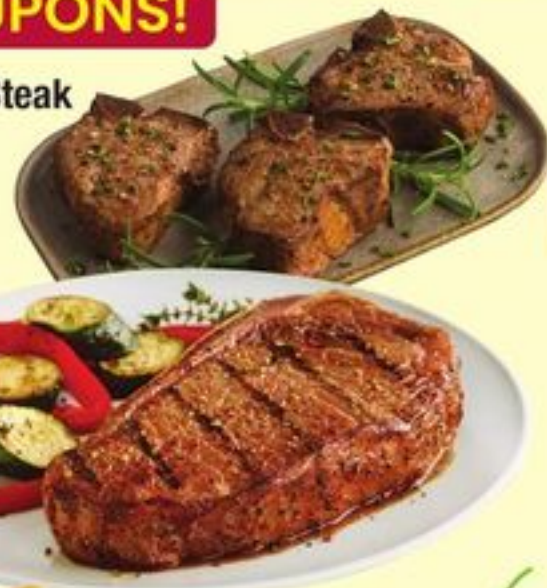


We welcome  
Supplemental  
Nutrition  
Assistance  
Program  
shaws.com/ebtonline  
Shop In-store or Online

**DIGITAL COUPONS!**

**Beef New York Strip Steak or Lamb Loin Chops**  
bone-in, Value Pack

SALE PRICE 9.99 lb.  
-3.02 lb.  
**6.97**  
lb.  
Limit 2



**Sumo Mandarins**  
SALE PRICE 3.99 lb.  
-2.02 lb.  
**1.97**  
lb.  
Limit 5 lbs.

**Cooked Shrimp**  
26-30 ct  
**Raw Shrimp**  
16-20 ct.  
each sold in a  
2 lb. bag for \$13.94  
after digital savings

SALE PRICE 8.99 lb.  
-2.02 lb.  
**6.97**  
lb.  
Limit 2



**Taylor Farms Salad Kits**  
11-12.8 oz.,  
**Bright Farms Salad Kits**  
6.35-6.70 oz.,  
**Little Leaf Salad Kits**  
6.45-7.5 oz.  
select varieties

SALE PRICE 3.99  
**2.97**  
Limit 3



**Kellogg's Cereal** 8.8-16 oz.  
**Post Cereal** 11-12 oz.  
select varieties

SALE PRICE 3.99  
-2.02  
**1.97**  
Limit 4



**Cabot Bar, Shredded or Sliced Cheese**  
7-8 oz., select varieties

SALE PRICE 3.49  
-1.22  
**2.27**  
Limit 4



**Doritos, Tostitos, Fritos, Snyder's Pretzels or Bachman Snacks**  
8.5-16 oz., **Cape Cod Chips or Smartfood Popcorn** 5-8 oz.  
**Nabisco Snack Crackers** 3.5-8.5 oz.  
select varieties

SALE PRICE 5.79  
-3.32  
**2.47**  
Limit 2 Each



**Friendly's Ice Cream**  
48 oz.  
select varieties

SALE PRICE 3.99  
-1.22  
**2.77**  
Limit 2



**88¢**  
Mangos, Hass Avocados, Navel Oranges or Cara Cara Oranges



**9.99**  
lb.  
Fresh Haddock Fillet



**4.99**  
LIMIT 2  
Hatfield Bacon 12-16 oz., Sugardale Bacon 16 oz.

**Progresso Soups**  
18-19 oz.  
all varieties  
**1.99**

**Stouffer's, Lean Cuisine or Life Cuisine Vital Pursuit**  
5.25-12.8 oz.  
select varieties  
**4/\$10**

**Pepsi 12 Pack**  
12 oz. cans  
**8 Pack**  
12 oz. bottles  
**Gatorade 8 Pack**  
20 oz. bottles  
+ deposit where applicable  
**5.99**  
WHEN YOU BUY 4, LIMIT 4

**Refresh Spring Water 24 Pack**  
16.9 oz. btl.

**La Croix Sparkling Water 8 Pack**  
12 oz. cans  
+ deposit where applicable  
**2.99**  
LIMIT 2 EACH

**Green Mountain Coffee**  
10 ct, K-Cup  
10-12 oz., bags  
select varieties

**4.99**

**Dole Fruit Juice 59 oz. Tropicana Orange Juice 46 oz.**  
select varieties

**2.99**

**Thomas' Swirl Bread**  
16 oz.  
select varieties

**buy 1 get 1 FREE**  
lowest priced item is free

Prices effective: FRIDAY, JANUARY 17, - THURSDAY, JANUARY 23, 2025

Fri. 17	Sat. 18	Sun. 19	Mon. 20	Tue. 21	Wed. 22	Thur. 23
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Sign up and receive **\$5 OFF** when you spend \$25 or more. SCAN QR Code with your camera

Effective in: \*464 North Windham, \*467 Portland: Northgate, \*469 Portland: Westgate, \*471 S. Portland: Millcreek, \*476 Rockland, \*480 Auburn, \*481 Waterville, \*482 Augusta, \*483 Bath, \*487 Saco, \*488 Bangor: Main St., \*490 Ellsworth, \*492 Falmouth, \*493 Lewiston, \*494 Sanford, \*495 Freeport, \*496 Wiscasset, \*497 Brunswick, \*498 Dover-Foxcroft



**DELI** sliced fresh to order at your deli counter

**DIETZ & WATSON**

**Chicken Breast**  
Honey BBQ, Buffalo Style & more

**9.99** lb.

**DIETZ & WATSON**

Swiss

**8.99** lb.

**LAND O LAKES**

American Cheese

**5.99** lb.

**Panera BREAD**

**FREE**  
Panera Soup 16 oz. when you buy a Panera Flatbread Pizza 13-13.5 oz.

**Sabra**

Hummus 17 oz.  
Guacamole Singles 4-2oz. minicups

**5.49**

**BAKERY** baking fresh everyday

**Half Dozen Donuts**  
6 count

**\$5**

Italian & Garlic Bread

**BAKED FRESH IN-STORE**

**2/\$5**

Signature Select Premium Bread 24 oz. select varieties

**2/\$4**

Entenmann's Pop'ems & Pop'ettes 11-17 oz. select varieties

**3.49**

Sara Lee Bread 20 oz. select varieties

**2.99**

**DAIRY & FROZEN**

Dannon Greek Yogurt 5.3 oz. select varieties

**3/\$4**

Fage Total Yogurt 16 oz., Hershey's or Jell-O Gelatin & Pudding 12.48-15.5 oz., Philadelphia Cream Cheese Bricks 8 oz., select varieties

**2.99**

Smucker's Uncrustables Sandwiches 8 oz.

**2/\$7**

DiGiorno Detroit Style Pizza or California Pizza Kitchen Thin Crust Pizza 13.4-22.3 oz. select varieties

**7.99**

Planet Oat Milk 86 oz., Chobani Creamers 24 oz. select varieties

**4.49**

International Delight Creamer 64 oz. select varieties

**6.99**

Signature Select Frozen Potatoes 13.5-32 oz. select varieties

**3.49**

TGI Fridays Appetizer 22.5-30 oz. select varieties

**9.99**

**GROCERY FAVORITES**

Lay's Potato Chips or Frito Lay Simply Snacks 5-8.5 oz. select varieties

**3.99**

Snapple 6 Pack 16 oz., bottles Zevia Natural Soda 6 Pack 12 oz. cans + deposit where applicable

**5.99**

Pepperidge Farm Family Goldfish, Crisps, or Lance 10 ct. Sandwich Crackers 6.25-17.4 oz. select varieties

**2/\$7**

Coca-Cola 12 Pack 12 oz. cans + deposit where applicable

**buy 2 get 1 FREE**

SPAM Luncheon Meat 12 oz. select varieties

**3.79**

Crystal Light Drink Mix 10 ct. Mio and Crystal Light Liquid Concentrate 1.82 oz. Kool Aid Liquid 1.82 oz.

**2/\$7**

Folger's Coffee 22.5-25.9 oz. select varieties

**10.99**

Ben's Original Ready Rice 6-8.8 oz. select varieties

**2/\$4**

**BEER & WINE**

Recess Zero Proof Mocktails 12 oz., 4 pack Athletic, Heineken 0.0 or Samuel Adams Just the Haze 12 oz., 6 pack + deposit where applicable

**10.99**

Stella, Corona Truly Hard Seltzers or White Claw Hard Seltzers 12 oz., 12 pack + deposit where applicable

**17.99**

Kendall Jackson Vintners Reserve Chardonnay Sterling Vintners Collection Cabernet Sauvignon 750 ml + deposit where applicable

**15.99**

Whitehaven Sauvignon Blanc Zaccagnini Montepulciano Red 750 ml

**19.99**



# FAB 5! mix match BUY 5 OR MORE

ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION.

MIX OR MATCH ANY 5 OR MORE • MIX OR MATCH ANY 5 OR MORE • MIX OR MATCH ANY 5 OR MORE

<p><b>4.99</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$5.99</p>	<p><b>2.99</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$3.99</p>	<p><b>3.99</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$4.99</p>	<p><b>1.99</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price 2/56</p>
<p><b>3.99</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$4.69</p>	<p><b>59¢</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price 7/9¢</p>	<p><b>3.99</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$4.99</p>	<p><b>7.49</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$7.99</p>
<p><b>3.99</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$4.99</p>	<p><b>1.99</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price 2/35</p>	<p>Look for tags throughout the store.</p>	
<p><b>4.99</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$5.99</p>	<p><b>8.99</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$9.99</p>	<p><b>3.29</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$3.99</p>	<p><b>1.29</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$1.79</p>
<p><b>3.99</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$4.99</p>	<p><b>2.49</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$2.99</p>	<p><b>6.99</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$8.49</p>	<p><b>3.99</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$5.49</p>
<p><b>99¢</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price 4/55</p>	<p><b>2.99</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$3.49</p>	<p><b>4.99</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$5.49</p>	<p><b>4.99</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$5.49</p>
<p><b>2.49</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$2.99</p>	<p><b>3.49</b> WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$4.49</p>	<p>MIX OR MATCH ANY 5 OR MORE • MIX OR MATCH ANY 5 OR MORE • MIX OR MATCH ANY 5 OR MORE</p>	

## HOUSEHOLD ESSENTIALS

<p><b>25% Off</b> DIGITAL COUPON SAVE 25% Off Dove Dry Spray, Dove Men's or Dove Clinical Deodorant Select sizes and varieties</p>	<p><b>2.99</b> DIGITAL COUPON SALE PRICE 10.99 -2.00 Tide or Gain 63-88 oz., 23-31 ct., Downy or Gain Fabric Softener 56-100 oz., Bounce, Downy or Gain Sheets 130-240 ct., Downy or Gain In Wash Scent Boosters 10.7-12.2 oz., select varieties</p>
<p><b>2.99</b> DIGITAL COUPON SALE PRICE 16.99 -2.00 Dawn or Ivory 12.2-14.7 oz., select varieties</p>	<p><b>14.99</b> DIGITAL COUPON SALE PRICE 16.99 -2.00 Scott Paper Towels 15 Double Rolls, Bath Tissue 1000 Sheet 20 roll, select varieties</p>

## 4x BONUS! POINTS for U

<p><b>3.99</b> 32 oz., select varieties</p>	<p><b>4.99</b> 7.5-11.1 oz., select varieties</p>	<p><b>6.99</b> 16.9 oz. bottles + deposit where applicable</p>
<p><b>4.99</b> 10.4-12 oz., select varieties</p>	<p><b>44.99</b> 70-150 ct., select varieties</p>	<p><b>8.99</b> 33.8-50.7 oz., select varieties</p>

\*Restrictions and exclusions apply. See store for details. \*\*Maximum 4 tests from Shaw's or Star Market per month may be submitted, pre-recorded or promotional standard may rates apply, consent not required for purchase, text STOP to unsubscribe & receive 1 confirming text or HELP for help to 46359. Privacy Policy and Terms of Use at <https://www.shaws.com/justforu/program-details.html> or <https://www.starmarket.com/justforu/program-details.html>. \*\*\*MAXIMUM GAS REWARD AT PARTICIPATING EXXON OR MOBIL STATIONS IS \$1 PER GALLON OF FUEL. THE MAXIMUM GAS REWARD AT ALL ALBERTSONS COMPANIES BANNER GAS STATIONS IS \$1 PER GALLON. Gas Forward savings are limited to 25 gallons for one vehicle per transaction—subject to rounding for Exxon or Mobil in-store fuel transactions and/or transaction dollar limits on your payment card set by your financial institution. Grocery Rewards may be redeemed on an offered item only if your Rewards balance equals or exceeds Rewards required for that item. Other restrictions and exclusions apply. See full program details in the Albertsons Companies Banner stores' mobile apps.

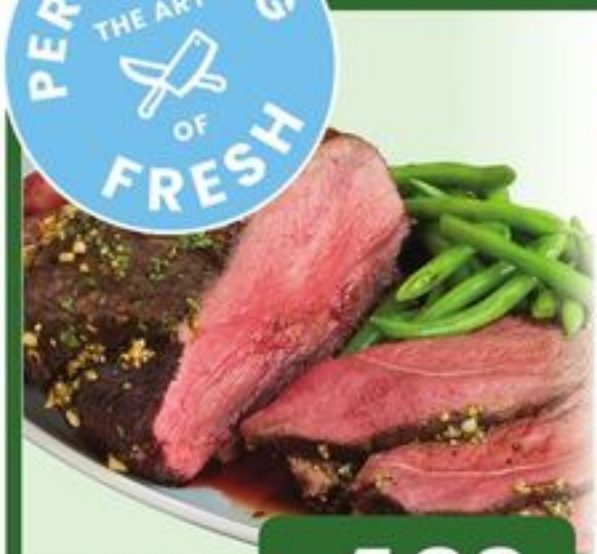
## NEW YEAR • NEW YOU • NEW YEAR • NEW YOU

<p><b>2/\$5</b> 1.2-2.2 oz., select varieties</p>	<p><b>2/\$7</b> 14 oz., select varieties + deposit where applicable</p>	<p><b>8.99</b> 4 pack - 1.94-2.12 oz., select varieties</p>	<p><b>10.99</b> 4 pack - 11 oz., + deposit where applicable</p>	<p><b>12.99</b> 4 pack - 11 oz., select varieties</p>
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# MEAT & SEAFOOD quality you can taste



**Beef Bottom Round or Bone-in Chuck Roast**  
**4.99** lb.



**Chicken Tenders**  
**4.49** lb.



**Boneless Pork Chops**  
Value Pack or Custom Cut at Butcher Block  
**3.99** lb.



**Johnsonville Dinner Sausage**  
19 oz.  
Gilbert's Chicken Sausage  
10 oz.  
**5.49**



**Hatfield Quarter Sliced Ham** 24 oz.  
**Tyson Chicken Nuggets, Tenders or Patties**  
25-29 oz., frozen, select varieties  
**6.99**



**Oscar Mayer Fun Pack Lunchables, Bites or Small Snacking Plate**  
3.3-10.7 oz., select varieties  
**3/\$10**



**Reser's Roasted Potatoes or Baked Side Dishes**  
17-20 oz.  
**4.49**



**Oscar Mayer Deli Fresh Lunchmeat**  
7-9 oz. **4.99**  
16 oz. **7.99**



**Johnsonville Smoked Sausage**  
12-14 oz.  
**3/\$10**



**Heritage Ribeye Shaved Steak or Strips**  
12 oz., frozen  
**8.99**



**Waterfront Bistro Cold Smoked Salmon**  
4 oz., select varieties  
**3.99**



**Margaritaville Gourmet Shrimp**  
8-10 oz.  
**6.99**



**Blount Clam Shack Soups**  
30 oz.  
**9.99**



**Norwegian Prime Salmon Fillets**  
**12.99** lb.



# PRODUCE Guaranteed fresh or your money back.



**Cuties 2 lb. Mandarins 3 lb. Navel Oranges 4 lb. Sumo Mandarins 2 lb.**  
**\$5**



**Rainbow Peppers** 3 ct.  
**Gen V Butter Lettuce** 2 ct.  
**3.99**



**Blueberries, Raspberries or Blackberries**  
6 oz.  
**3/\$10**



**Imported Cherries**  
2 lb. pkg.  
**4.99**



**Glory Foods Kale, Collards or Southern Blend**  
16 oz., select varieties  
**2/\$5**



**Broccoli Crowns**  
**1.79** lb.

# DRINKS, VEGETABLES AND DIPS ready to go



**Asparagus Spears**  
10 oz. pkg.  
**buy 1 get 1 FREE**



**Homestyle Salsa Guacamole and Salsa Verde**  
14 oz., select varieties  
**3.99**



**So Good So You Probiotic Shot Drinks**  
1.7 oz.  
**Suja Wellness Shots**  
2 oz., select varieties  
**2/\$5**



**Brew Dr. Kombucha**  
14 oz., select varieties  
**2/\$6**

**The Flower Market**

**TULIPALOOZA!**  
*"National Tulip Day is January 18th"*

**Potted Tulips**  
STARTING AT **3.99**

**Long Life Tulips in Vase**  
**6.99**

**Fresh Cut Tulips**  
STARTING AT **7.99**

**Custom Designs**  
styles vary by store  
STARTING AT **16.99**

**overjoyed**

Not all items available in all stores. Prices effective: FRIDAY, JAN. 17 - THURSDAY, JAN. 23, 2025. Unless otherwise noted, offers in this ad are in effect at 6:00 a.m., Friday thru Thursday midnight at your local Shaws stores. LIMIT ONE COUPON PER ITEM PER DAY PER HOUSEHOLD. Prices and savings vary among store locations. Not all items or varieties available in all store locations. Quantities limited to inventory on hand and subject to availability. Sales in retail quantities only and we reserve the right to limit quantities sold to per customer. While supplies last. Unless otherwise noted, transactional limits may apply. On Buy One, Get One Free (BOGO) offers, customer must purchase the first item to receive the second item free. BOGO offers are not 1/2 price sales. If only a single item is purchased, the regular price applies. Manufacturers' coupons may only be used on purchased items, not on free items. All rebate offers are subject to applicable manufacturer's additional terms. Customer pays for applicable taxes, bottle/can deposit and bag fees, if any, on purchased and free items. We reserve the right to modify or cancel offers and/or correct typographical, pictorial and other ad or pricing errors. Prices for products ordered online generally are higher than in our physical store locations and may vary by fulfillment method chosen. Online promotions, discounts and offers may differ from those in our physical store locations. All rainchecks must be redeemed within 30 days of issuance. Offers are void or restricted where prohibited or limited by law and have no cash value. No cash back will be given.

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SAVE \$5 OFF \$25

Treat your skin to winter savings



Save \$5 when you spend \$25\* on participating items between valid thru 2/25/25. \*TERMS APPLY

COMPARE & SAVE



Signature Care® Shampoo or Conditioner. Select sizes and varieties. BUY 1 GET 1 50% OFF. MIX MATCH. ANY PARTICIPATING ITEM.



Signature Care® Razors or Shave Foam. Select sizes and varieties. BUY 1 GET 1 50% OFF. MIX MATCH. ANY PARTICIPATING ITEM.



Signature Care® Nail Care. Select sizes and varieties. BUY 1 GET 1 50% OFF. MIX MATCH. ANY PARTICIPATING ITEM.



Signature Care® Shave Gel 7 oz. Select varieties. BUY 1 GET 1 50% OFF. MIX MATCH. ANY PARTICIPATING ITEM.



Signature Care® Mouth Wash or Dental Floss. Select sizes and varieties. 20% off.



Signature Care Cough Drops 30 ct. 2\$3 for

PERSONAL CARE



Method Body Wash 18 oz. Select varieties. 7.99



Gold Bond Lotion. Select sizes and varieties. Winter Savings SAVE \$5 OFF \$25. 9.99



Garnier Micellar Water 13.5 oz. Select varieties. 9.99



Pantene, Pantene Nutrient Blends, Head & Shoulders, or Herbal Essences 13.5-29.2 oz. Select sizes and varieties. BUY 2 SAVE \$4. MIX MATCH.



Signature Select® Tampons 18 ct. Select varieties. 3.99



Emergen-C, Centrum or Nexium. Select sizes and varieties. 12.99



Signature Select® Pads 20-80 ct. Select varieties. 4.99



Signature Care® Adult Care 16-66 ct. Select varieties. 10.99



Cetaphil Cleanser or Lotion. Select sizes and varieties. Winter Savings SAVE \$5 OFF \$25. 10% off.

DIGITAL-ONLY OFFER



Colgate Oral Care. Select sizes and varieties. SALE PRICE 4.99. DIGITAL COUPON -4.00. 99¢. Limit 1.

DIGITAL-ONLY OFFER



BIC Razors. Select sizes and varieties. SALE PRICE 6.99. DIGITAL COUPON -4.00. 2.99. Limit 1.



Maybelline Cosmetics. Select sizes and varieties. BUY 1 GET 1 50% OFF. MIX MATCH. ANY PARTICIPATING ITEM.

SWEET SAVINGS



Cadbury, Russell Stover or Mars Eggs 1-1.5 oz. Select varieties. 4\$5 for



Hershey's King Size Bars 2-3-3.5 oz. Select varieties. BUY 2 GET 2 FREE. of equal or lesser value.



Hershey's Valentine's Candy 7.5-10.1 oz. Select varieties. BUY 2 GET 1 FREE. of equal or lesser value.

UNILEVER SAVINGS 25% OFF WHEN YOU USE THE U APP!

DIGITAL 25% OFF SAVINGS. Dove Shampoo or Conditioner. Select sizes and varieties. SAVE 25% off. DIGITAL COUPON.

DIGITAL 25% OFF SAVINGS. AXE Deodorant or Shampoo. Select sizes and varieties. SAVE 25% off. DIGITAL COUPON.

DIGITAL 25% OFF SAVINGS. Dove Men's Body Wash 13.5 oz. SAVE 25% off. DIGITAL COUPON.

DIGITAL 25% OFF SAVINGS. TRESemmé Shampoo, Conditioner or Styling Aids. Select sizes and varieties. SAVE 25% off. DIGITAL COUPON.

DIGITAL 25% OFF SAVINGS. Dove Dry Spray, Dove Men's, Dove Clinical or Schmidt's Deodorant. Select sizes and varieties. SAVE 25% off. DIGITAL COUPON.

DIGITAL 25% OFF SAVINGS. Dove Body Wash 20 oz. Select varieties. SAVE 25% off. DIGITAL COUPON.

DIGITAL 25% OFF SAVINGS. Dove Bar Soap 6 Bars. Select varieties. SAVE 25% off. DIGITAL COUPON.

Get your shots right where you shop. Get your Pneumonia, Shingles, and RSV vaccines at our pharmacy. Walk-ins welcome! \*Terms Apply. Visit www.shaws.com/health.html for details. Get 10% off groceries with any vaccination. Sincerely Health.



# HEALTH & NUTRITION



Nature's Truth or Signature Care® Vitamins  
Select sizes and varieties.

**BUY 1, GET 1 FREE**  
of equal or lesser value



LARABAR  
1.70 oz. Bars.  
Select varieties.

**\$5 for 5**

Let us fill your prescriptions and get up to **\$75 in FREE groceries!**  
Sincerely Health  
\*Restrictions and limitations apply.



Powercrunch  
1.90 oz. Bars.  
Select varieties.

**2\$3 for**

# COUGH & COLD



Vicks Cough Cold  
Select sizes and varieties.

**11.99**



Theraflu or Robitussin Cough and Cold  
Select sizes and varieties.

**20% off**



Zarbee's Baby or Childrens Cough Remedies  
1.5-4 oz.  
Select varieties.

**20% off**



Halls Cough Drops  
70-80 ct.  
Select sizes and varieties.

**5.49**



Signature Care® Hand Sanitizer  
8 oz.

**2\$5 for**



Tylenol Children's Cough Cold  
4 oz.  
Select sizes and varieties.

**7.99**



Alka Seltzer Plus or Coricidin  
24 ct. or 12 oz.  
Select sizes and varieties.

**10.49**



Aleve or Bayer  
50-200 ct.  
Select sizes and varieties.

**11.49**



Pure Protein  
4 ct. Bars.  
Select varieties.

**5.99**



ONE Bars  
2.12 oz. Bars.  
Select varieties.

**2\$4 for**



CLIF Bars  
5-2.4 oz. Bars.  
Select varieties.

**6.99**



think! Bars  
5-2.10 oz. Bars.  
Select varieties.

**8.99**



Quest Bars  
4-2.1 oz. Bars.  
Select varieties.

**8.99**



Premier Protein  
4-1.1 oz. Shakes.  
Select varieties.

**10.49**



Barebells Bars Multipack  
4 pk.-1.94 oz.  
Select varieties.

**8.99**



Vital Protein  
10 oz. Tub.  
Select varieties.

**22.99**



Body Fortress  
1.74-1.78 lbs.  
Select varieties.

**24.99**



Clif Builders  
6-2.40 oz. Bars.  
Select varieties.

**10.99**



Bloom  
25 Servings. Tub.  
Select varieties.

**29.99**



Optimum Nutrition Protein Powders  
Select sizes and varieties.

**27.99**



Legendary Protein Pastry  
2.2 oz.  
Select varieties.

**2\$5 for**



Ensure Shakes  
6-8 oz. Shakes.  
Select varieties.

**10.99**



Ensure Max Protein Shakes  
4 pk.-11 oz.  
Select varieties.

**12.99**

# HOUSEHOLD ESSENTIALS

**DIGITAL-ONLY OFFER**



Lysol Disinfecting Wipes or Spray  
Wipes 3-80 ct. or Spray 2-19 oz.  
Select sizes and varieties.

**SAVE 1.00 off**  
DIGITAL COUPON  
LIMIT 1



Fabuloso Multi-Purpose Cleaner  
56 oz.  
Select varieties.

**6.49**



Cloralex Bathroom or Multi-Purpose Cleaner  
32 oz.  
Select varieties.

**3.49**



Prime Power Cords or Power Strip  
Select sizes and varieties.

**10% off**



GE Basic LED Light Bulbs  
2-4 ct.  
Select sizes and varieties.









**BUY 1 GET 1 50% OFF**  
ANY MATCHING ITEM



# Get more out of shopping at Shaw's.

Get even more with FreshPass®!\*



		FREE	MONTHLY OR ANNUAL SUBSCRIPTION
	How to join		
	Use Points for discounts on gas and grocery	✓	✓
	Clip deals to save more	✓	✓
	5% off O Organics® and Open Nature®		✓
	\$5 monthly credit for annual subscribers		✓
	Unlimited free Delivery		✓
	Extra savings on our exclusive brands		✓
	Points don't expire		✓

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